

**DATE SHEET FOR
BYNS 3rd YEAR
SESSION MARCH-2025**

Sr.No	Day & Date	Subject	Max Marks
1.	Monday 3/03/2025	Anatomy & Physiology (Yogic View)	100
2.	Wednesday 5/03/2025	Ashtanga Yoga & Technique	100
3.	Friday 7/03/2025	Naturopathy (Advanced)	100
4.	Monday 10/03/2025	Project work on Yoga (Treatment)	100
5.	Wednesday 12/03/2025	Practice of Naturopathy for Disorders	100
6.	Thursday 13/03/2025	Practice of Pranayama and Yoga Teaching Method	100
7.	Monday 17/03/2025	Practical, Internal Assessment, Viva- voice	200

Timing: - 11:00 A.M To 2:00 P.M

Controller of Exam
Niter New Delhi
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